

Nurse Worksheet for Phone Call Interventions

Nurse-physician communication steps: 1. Identify physician by name. 2. Give your name. 3. State the general nature of the call. 4. Identify the resident by name and diagnosis. 5. State the pain management goal; pain rating and activities. 6. Summarize the current pain ratings and effect of pain on activities. 7. List the current analgesic doses and relevant side effects. 8. Suggest a solution (on the basis of a clinical practice guideline, if possible).

Pain Assessment for: (name) _____ DOB ___/___/___ MR# _____

Diagnosis: _____

Location(s) 1. _____ 2. _____

Description/characteristics (Quality) 1. _____ 2. _____

Intensity (0-10,0-5, etc) 1. _____ 2. _____

Frequency/Pattern 1. Continuous Intermittent 2. Continuous Intermittent

Onset 1. _____ 2. _____

Duration 1. _____ 2. _____

Exacerbating factors 1. _____ 2. _____

Impact on ADLs 1. _____ 2. _____

Vital signs: T _____ P _____ R _____ BP: L _____ R _____

Orthostatic monitoring: **recumbent** for at least 5 minutes BP: L _____ R _____

standing 1 minute L _____ R _____ 5 minutes L _____ R _____

Resident's perception of what is causing the pain: _____

Resident's goal for pain control: _____ (numerical) _____ (functional)

Drug, dosage, and # of doses received of **all** analgesic medications in the past 24 hours: _____

Drug side effects: (check all that apply) Constipation Lethargy Confusion Increase agitated behavior New cognitive decline Falls Dizziness Orthostatic hypotension Anorexia Weight loss Nausea Vomiting GI bleed Urinary retention Painful urination Insomnia Sleep disturbances Headache Unexplained or diffuse, painful, pruritic rash

Analgesics that have been tried in the past: _____

Non-pharmacological interventions tried: Warm packs Cold packs Breathing and relaxation Music tapes Reading Massage Guided Imagery Moving to a less stimulating environment Distraction Repositioning Other: _____

Team suggestions for changes in management: New meds/dosages/intervals _____

Discontinue: _____

Orders: _____
