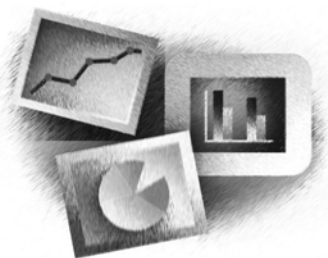


Inservice Resources – Pain Management



CNA

1. **Pain Management** is a video produced by Inservice Monthly. The video is written from a CNA perspective; CNAs speak to their peers about their important role in resident pain management. The video is about 15 minutes long and comes with a pre/post-test and an instructor's guide. The video is available for use from North Dakota Health Care Review, Inc. (NDHCRI). Contact a Nursing Home Quality Initiative Project Coordinator for more information.
2. **Pain Matrix** is an interactive method of teaching signs/symptoms of pain to staff (can also be used with licensed staff). It is very similar to playing Bingo and was developed by the South Dakota Foundation for Medical Care. Available at:
http://www.sdfmc.org/ClassLibrary/Page/Information/DataInstances/81/Files/356/PAIN_MATRIX_game.pdf

Licensed Staff

3. **Pain/Palliation of Older Adults** is a PowerPoint presentation with speaker notes and handouts. This is a module in the Fundamental Geriatric Curriculum Resources developed by New York University Steinhardt School of Education Division of Nursing, The John A. Hartford Foundation Institute for Geriatric Nursing. The material is practical and user-friendly. Each chapter is organized with Competencies, Content Outline, Instruments and Scales, Case Study, Experiential/Clinical Activities, and Post-test. The complete module is available at: <http://www.hartfordign.org/resources/education/bsnPartners.html>
4. **Pain Screening** is a self-paced activity developed by the Anna and Harry Borun Center for Gerontological Research, a joint venture between the UCLA School of Medicine and the Jewish Home for the Aging of Greater Los Angeles in Reseda, CA. Available at: <http://borun.medsch.ucla.edu>. The module can be downloaded and copies made for staff or completed on-line as an individual self-paced activity. Quiz included to validate completion of activity.
5. **Pain** is a self-paced activity with available CEUs. This is a self-paced module available at: <http://www.geronurseonline.org>. The module was developed by The New York University Center for Continuing Education in Nursing, The John A. Hartford Foundation Institute for Geriatric Nursing. The module can be downloaded and copies made for distribution at a staff meeting or completed on-line as a self-paced activity.
6. **Pain and the Nursing Process** is a web-based self-paced module with CEUs. The module is free but there is a cost for the CEUs. The module describes how the nursing process is utilized in pain management. It is available at: http://www.nursingceu.com/courses/136/index_nceu.html. The module can be downloaded and copies made for distribution at a staff meeting and completed either on or off-line. A post-test is available.