

Pain Management Barriers Questionnaire

We are interested in learning more about your attitudes toward treatment of pain. There are no right or wrong answers, we just want to know what *you* think. Please answer all the questions. For each of the items below, please *circle the number* (0, 1, 2, 3, 4, or 5) that comes closest to *how much you agree* with that item.

1. Pain medicine cannot really control pain.

0 1 2 3 4 5
Do not agree Agree very
at all much

2. People get addicted to pain medicine easily.

0 1 2 3 4 5
Do not agree Agree very
at all much

3. Good patients avoid talking about pain.

0 1 2 3 4 5
Do not agree Agree very
at all much

4. The experience of pain is a sign that the illness has gotten worse.

0 1 2 3 4 5
Do not agree Agree very
at all much

5. It is easier to put up with pain than with the side effects that come from pain medicine.

0 1 2 3 4 5
Do not agree Agree very
at all much

6. Pain medicine should be “saved” in case the pain gets worse.

0 1 2 3 4 5
Do not agree Agree very
at all much

7. Pain builds character — it’s good for you.

0 1 2 3 4 5
Do not agree Agree very
at all much

8. Complaining about pain could distract a doctor from curing my problem.

0 1 2 3 4 5
Do not agree Agree very
at all much

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August 2001